

JAMAL MOHAMED COLLEGE (AUTONOMOUS)



Since 1951

College with Potential for Excellence
Re-accredited (3rd Cycle) with 'A' Grade by NAAC
(Affiliated to Bharathidasan University)
TIRUCHIRAPPALLI-620 020

ASSOCIATION OF NUTRITION AND DIETETICS

**Cordially Invites you to the Inauguration of the Association
Activities for the Year 2016-2017**

Date & Time: 27th June 2016

Venue: Abdhul Gafoor Auditorium

In the august presence of

Janab. Dr. A.K. KHAJA NAZEMUDEEN, D. Litt. (USA)

Secretary & Correspondent

Janab. Hajee. K.A. KHALEEL AHAMED SAHIB

Treasurer

&

Janab. Hajee. M. J. JAMAL MOHAMED SAHIB

Assistant Secretary

Presided by

Dr. S. Mohamed Salique

Principal

Inaugural and Keynote Address by

Dr. K.KAMAR JAHAN

Principal

Naina Mohamed College of Arts and Science

Aranthangi

FELICITATION

Dr. A. Mohamed Ibrahim

Vice Principal

Mr. K. N. Mohamed Fazil

Director – Hostel Administration

Dr. S. Ismail Mohideen

Additional vice principal

Mr. M. A. Jamal Mohamed Yaseen Zubair

Director Hostel Administration

&

Dr. K. Abdus Samad

Director – MBA & Bursar (SF)

Dr. M. I. Fazal Mohamed

Member-in-charge, Department of N & D

Mr. K. N. Abdul Khader Nihal

Director SF course

7.Event: MISS NUTRITION

No. of participants: One participant per team.
Criteria:

- ❖ Music for the ramp walk must be brought by the candidate
- ❖ The exhibition of talents like dancing, singing, mimicry or any other talents must be on stage only.
- ❖ Modesty in costumes and performance is very important.

Duration: 5 minutes

Time: 2-3 pm

Venue: Hussainudheen Hall

Note:

- ❖ Necessary materials must be brought by the participant.

Valedictory & Prize distribution function

Time: 3.00 pm

Venue: Huassianudeen Hall

Contact

Convenor *Co- Convenor*
D.Bhuvaneshwari **V.Kavitha**

Asst. Professor Asst. Professor
9787397147 9443857296

PG Department of Nutrition & Dietetics
Jamal Mohamed College (Autonomous), Tricity-20.
Email. ID: ncfnd2015@gmail.com

Organizing Committee

Dr. M. I. Fazal Mohamed

Member-in-charge, Department of N & D

B.Rajalakshmi - Asst. Professor

J.Priya - Asst. Professor

J.Harine Sargunam - Asst. Professor

Dr.A. Sangeetha - Asst. Professor

M. Angel - Asst. Professor

M.I. Yasmin - Asst. Professor

Secretary

R.R.Sangeetha II M.Sc., N & D

Joint secretary

S.Resma Banu III B.Sc., N & D

SAKAFO UTSAV '16

The Events will be inaugurated by

Janab Dr. A.K. KHAJA NAZEEMUDEEN, D.Litt. (USA)

Secretary & Correspondent

in the August presence of

Janab M. J. JAMAL MOHAMED BILAL SAHIB

President

Janab Hajee. K. A. KHALEEL AHAMED SAHIB

Treasurer

Hajee M. J. JAMAL MOHAMED SAHIB

Assistant secretary

Dr. S. MOHAMED SALIQUE

Principal

Dr. A. Mohamed Ibrahim

Vice Principal

Dr. S. Ismail Mohideen

Additional Vice - principal

Dr. K. Abdus Samad

Director - MBA & Bursar (SF)

Prof. K. N. Abdul Kader Nihal

Director (SF) & Register of attendance & HOD of IT

Dr. K.N. Mohamed Fazil

Director Hostel Administration

and

Prof. M. A. Jamal Mohamed Yaseen Zubeir

Director Hostel Administration



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NATIONAL NUTRITIONAL WEEK CELEBRATION



**A Strong Nation
By Nutrition**

on
20th - 21st September 2016

**Organised by
PG Department of Nutrition and Dietetics**

ABOUT THE COLLEGE

JAMAL MOHAMED COLLEGE a government aided first grade College affiliated to Bharathidasan University was founded in 1951 and situated in the heart of Tiruchirappalli city. The college provides an ideal atmosphere for higher education to all sections of the society. The college has student strength of 11,043. Teaching faculty consists of 134 Govt. Aided staff members and 310 management staff members.

The college celebrated its silver jubilee during 1979, Golden jubilee during 2001 and Diamond jubilee during 2011 in a grand manner. The College was awarded the coveted Five star status by NAAC, an autonomous body of UGC, during the Golden jubilee year. Autonomous status was conferred on the college during the academic year 2004-2005. NAAC peer team visited the college during October 2008 for reaccreditation and the college was awarded "A" grade with CGPA 3.6 out of 4.0. The UGC has awarded the status of "College with Potential for Excellence" during the academic year 2011-2012.

The UGC has granted extension of Autonomous status to the college for a further period of six years from 2016-17 to 2021-22. The college was reaccredited by NAAC in the Third Cycle and awarded "A" Grade during 2015-16.

ABOUT THE DEPARTMENT

Nutrition and Dietetics is the science of managing food and nutrition to promote health. A relatively new profession, this field has gained importance with realization that inappropriate eating habits can lead to many major diseases.

The department of Nutrition & Dietetics was started during 2008, with an under graduate programme under self-financing stream to meet the educational needs of women Students exclusively. PG course was introduced during 2011 for women students. To ensure high quality

in education the department has acquired best infra structure facilities, state of the art laboratory equipments, well stacked library and qualified staff members

NATIONAL NUTRITION WEEK CELEBRATION

National Nutrition Week is celebrated every year in India from 1st to 7th September to make aware of the people about the importance of their health and well-being. The main objective of the celebration is to prevent malnutrition and to control other disorders by creating awareness among the people about Food, Health and Nutrition.

INTER-COLLEGIATE COMPETITION

21st September

1. Event: COOKERY COMPETITION

Theme: Fireless Cooking

No. of participants: one participant per team.

Criteria : Preparation should be done on the spot

❖ Appearance, taste, garnishing & nutritional aspects will be taken into account

❖ Required things and ingredients must be brought by the participants themselves.

Duration: 50 min for cooking 10 min for display

Time: 10-11 am

Venue: Food Science Lab, N & D Dept.

2. Event : FLOWER ARRANGEMENT

No. of participant: One participant per team.

Criteria :

❖ Natural flowers should be used.

Duration: 60 minutes

Time : 10-11am

Venue: Chemistry Lab, N & D Dept.

3.Event: FRUIT & VEGETABLE CARVING

No. of participant: One participant per team.

Criteria:

❖ Creativity and attractiveness hold priority.

Duration: 60 minutes

Time : 11-12 noon

Venue: Room No. LH 143, N & D Dept.

4. Event : MIME

Theme: Save the Blue-Gold, Healthy Children - Wealthy Nation

No. of participants: Five participants per team.

Criteria:

❖ Participants have to perform to relate the theme of the contest.

❖ They have to finish their performance within the time duration.

Duration: 5minutes

Time : 11-12noon

Venue: Room No. LH 142, N & D Dept.

5. Event: NUTRI COLLAGE

Theme : Nutritional Problems, Healthy Food

No. of participants: One participant per team.

Criteria:

❖ Participant can collect various news regarding the theme and stick in artistic manner.

Duration: 50 min for preparation, 10 min for display

Time : 12-1 pm

Venue: LH 143, N & D Dept.

6. Event: NUTRITION QUIZ

No. of participants: Two participants per team.

Criteria:

❖ Two participants from each group.

❖ Four rounds will be conducted.

Duration: 60 minutes

Time: 2-3 pm

Venue: Food Science Lab, N & D Dept.

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ASSOCIATION OF NUTRITION AND DIETETICS

**Cordially Invites you to the Valedictory function of
National Nutrition Week SAKAFO UTSAV' 16**

Date & Time: 21st September 2016

Venue: Hussainudeen Hall

In the august presence of

Janab. Dr. A.K. KHAJA NAZEEMUDEEN, D. Litt. (USA)

Secretary & Correspondent

Janab. Hajee. K.A. KHALEEL AHAMED SAHIB

Treasurer

Janab. Hajee. M. J. JAMAL MOHAMED SAHIB

Assistant Secretary

Presided by

Dr. S. Mohamed Salique

Principal

Motivational Talk by

Prof. Jeyakar chellaraj

Former Principal

Bishop Heber College,

Trichy

Topic: "Live and Let Live"

FELICITATION

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Dr. M. I. Fazal Mohamed
Member-in-charge
Department of Nutrition & Dietetics



National Nutrition week celebration SAKAFO UTSAU'16 -Food stall were exhibited by the students of Nutrition and Dietetics students on 20.09.2016. The celebration was inaugurated by Secretary and Correspondent Janab. Dr.A.K.Khaja Nazeemudeen D,Litt (USA).



National Nutrition week celebration SAKAFO UTSAU'16 – Free Medical Camp in Association with Meenakshi Hospital, Thanjavur was Organised by the Department of Nutrition and Dietetics During 20th September 2016



National Nutrition week celebration SAKAFO UTSAU'16 - Motivational Talk 'Live and Let Live' was delivered by the chief Guest Prof. Jeyakar chellaraj, Former Principal, Bishop Heber College, Trichy, was organised by Department of Nutrition and Dietetics During 21st September



National Nutrition week celebration SAKAFO UTSAU'16 – the Inter collegiate competition, the overall winner Cauvery College ,was Organised by the Department of Nutrition and Dietetics During 21st September 2016

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ASSOCIATION OF NUTRITION AND DIETETICS

Cordially Invites you to the Special Lecturer Programme

Date & Time: 3:00pm 3rd February 2017

Venue: Hussainudeen Hall

In the august presence of

Janab. Dr. A.K. KHAJA NAZEEMUDEEN, D. Litt. (USA)

Secretary & Correspondent

Janab. Hajee. K.A. KHALEEL AHAMED SAHIB

Treasurer

&

Janab. Hajee. M. J. JAMAL MOHAMED SAHIB

Assistant Secretary

Presided by

Dr. S. Mohamed Salique

Principal

Special Lecturer by

Dr. N.T.Saraswathi

Associate Professor

Department of Bio-Informatics
SASTRA University, Thanjavur.



Topic: "SUGAR THE BITTER TRUTH"

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Dr. M. I. Fazal Mohamed
Member-in-charge
Department of Nutrition & Dietetics



In the special lecture programme conducted on 3rd February 2017 by the Department of Nutrition and Dietetics , Dr.N.T.Sarawathi , Associate Professor, Department of Bioinformatics, SASTRA University, Thanjavur spoke on “SUGAR THE BITTER TRUTH”

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ASSOCIATION OF NUTRITION AND DIETETICS

**Cordially Invites you to the Inauguration of
Intra -Departmental Competition - 6th to 10th March 2017**

In the august presence of

Janab. Dr. A.K. KHAJA NAZEEMUDEEN, D. Litt. (USA)

Secretary & Correspondent

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PGDEPARTMENT OF NUTRITION AND DIETETICS
TIRUCHIRAPPALLI-20

Since 1951

INTRA -DEPARTMENT COMPETITION – 6TH TO 10TH MARCH 2017

S.No	Event / Title	Criteria	Date	Time	Venue	Staff in charge	Student in charge
1.	POSTER PRESENTATION	i. Any topic related to “Nutrition & Dietetics” ii. Poster measurement – 2.5× 2.5 feet. iii. Any materials can be used (cloth, chart, flex). iv. Poster should contain maximum pictures and minimum write ups. v. Colour chosen for poster should be in effective manner.	06.03.2017 Monday	12pm to 1pm	Food science lab	B. Rajalakshmi, Assistant professor.	M.G. Jaya priya, II M.Sc
2.	MIME COMPETITION	TOPIC : 1. Organic farming 2. Food wastage TEAM EVENT : Minimum 6 participants per team CRITERIA : DURATION : 5 Minutes 1. Participants can do performance on any one of the above topics 2. Participant have to do performance relating awareness to the Society	08.03.2017 Wednesday	12.00 pm to 1.00 pm	Food science lab	J.Harine sargunam, Assistant professor.	J.Rayhana fathima, II M.sc

3.	QUIZ COMPETITION	<p>i. Totally 6 teams are allowed for the competition</p> <p>ii. 3 members can participate in a team</p> <p>iii. The questions will be based on the following topics</p> <p>1. Food Science and Nutrition</p> <p>2. General knowledge</p> <p>3. Books and authors</p> <p>4. Women personalities</p>	09.03.2017 Thursday	11am to 12 pm	Bio tech gallery	Dr. M. Angel, Assistant professor.	S. Prasitha. II nd M.sc
4.	PAPER PRESENTATION	<p>PAPER TITLE:</p> <ul style="list-style-type: none"> ➤ Dimension of health in present scenario. ➤ Nutrition in emergencies. ➤ Interrelationship of micro and macro nutrient in human health. ➤ Food for healthy living. ➤ Diet and infectious diseases. <p>CRITERIA:</p> <p>i. Timing: 5-7 minutes</p> <p>ii. 3 minutes for question sessions.</p> <p>iii. Full article should be submitted for 3 pages.</p>	09.03.2017 Thursday	12.30 pm to 1.30pm	Bio tech gallery	V. Kavitha, Assistant professor.	J.Muthulakshmi, II M.sc
5.	COOKERY	Theme:					

	<p>COMPETITION</p>	<p>➤ “Fireless cooking”</p> <p>Criteria:</p> <p>i. Timing: 45 minute.</p> <p>ii. Only one participant.</p> <p>iii. All the required materials will have to be brought by the participants, along with the crockery, cutlery, for tasting and serving purpose.</p>	<p>10.3.2017 Friday</p>	<p>12pm to 1pm</p>	<p>Food science lab</p>	<p>M.I.Yasmin, Assistant professor.</p>	<p>S.Jasmine , II Msc</p>
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ASSOCIATION OF NUTRITION AND DIETETICS Cordially Invites you to the Valedictory Function of Intra-Departmental Competition

Date & Time: 11th March 2017

Venue: Hussainudeen Hall

In the august presence of

Janab. Dr. A.K. KHAJA NAZEEMUDEEN, D. Litt. (USA)
Secretary & Correspondent

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Students participated in the Intra-departmental competition conducted between 6th March to 10th March 2017 (Poster Presentation)